

Linda Ross, patient care assistant with 15 years' experience

Linda Ross

2645 Wilson St.

Moncton, New Brunswick E2L 4L1

Tel.: 506-xxx xxxx

E-mail: lindaross@xxxxxx.ca

PROFILE

Good emotional balance
Active listening skills, patience and discretion
Sense of responsibility
Excellent tolerance to stress and fatigue

PROFESSIONAL EXPERIENCE

September 2009 to present: patient care assistant

Residential and long-term care centre , Moncton

- Wash patients.
- Help patients eat and take their medication.
- Change bedding.
- Report any new patient symptoms to nurses.
- Be there to help, support and encourage patients.

February 2005 to August 2009: patient care assistant

Rehabilitation center, Moncton

- Saw to the personal hygiene, comfort and well-being of patients.
- Helped patients get around.

- Provided basic care.
- Reported any changes in patient behaviour to the care team.
- Installed certain types of devices.
- Checked that equipment is available and working properly.
- Transported equipment, samples and files.

October 2003 to January 2005: patient care assistant

Private residence for senior citizens, Saint John

- Helped elderly residents with personal hygiene.
- Proposed interventions and advice tailored to the situation of residents (compensation, adaptation).
- Supported terminally ill residents.
- Provided a caring, compassionate presence.

EDUCATION

2003: Health Care Aide/Personal Support Worker Program, Pearson Adult Education Centre

COMPUTER SKILLS

Word, Excel, Internet

LANGUAGES

Bilingual (English and French)

AREAS OF INTEREST

Hobbies: choir, yoga, reading

Sports: badminton, sailing, running

Volunteering: school library, parish

OTHER

First aid certification

Motorcycle licence